

Trauma Informed Care Test with Answers

1. Trauma Informed Care is an approach only for:
 - a. Children
 - b. Adolescents
 - c. Adults
 - d. All of the above**
2. Trauma can persist from an event
 - a. Immediately after the event
 - b. 6 months to one year after the event
 - c. One year to 20 + years after the event
 - d. All of the above**
3. Post-Traumatic Stress Disorder happens to everyone who has experienced a traumatic event in their life?
 - a. False**
 - b. True
4. PTSD, depression and substance abuse can all be seen as a physical and chemical injury to the brain that occurs when the brain is exposed to trauma.
 - a. False
 - b. True**
5. It is okay to ask a friend, loved one “what has happened to you?”
 - a. False
 - b. True**
6. Trauma can come from:
 - a. Disasters
 - b. Abuse and Neglect
 - c. Illness/Death
 - d. All of the Above**
7. One (1) in ____ children before age 16 will experience a traumatic event.
 - a. Five (5)
 - b. Three (3)
 - c. Six (6)
 - d. Four (4)**
8. Signs of trauma in adults and children/adolescents are the same.
 - a. False**
 - b. True
9. Can our mannerisms affect our interactions with consumers and co-workers who may have had a traumatic event occur to them?
 - a. Yes**
 - b. No
10. Can Trauma in children affect their development and functioning?
 - a. Yes**
 - b. No